2026 USATF Three Rivers Association
Junior Olympic Cross Country Championships

Date	Sunday, November 14, 2026	**Host**	USATF Three Rivers
Location	Magnolia Pavillion White Oak	**Referee**	Oronde Sharif
	White Oak, PA 15131	**Email**	senegal1@pitt.edu
Course Walk	9:00AM	**Phone**	412-580-3315
First Race	10:00AM	**Website**	http://www.usatf-threerivers.org/youth

ENTRY FEES & DEADLINES

Online registration only thru athletic.net. Only online entries will be accepted.
All advancements/entry must be completed, paid for, and submitted online.
Entry deadline is final, no additional entries accepted. No refunds after deadline.

***On-Time Registration*: Must be completed by November 11, 2026 11:59 PM**
Individual Entries: **$10.00**/athlete ***Team Entries: No additional charge***

ADVANCEMENT to REGION II CHAMPIONSHIP

All athletes who compete in their Association XC Championship are eligible to advance to the Region II Championship. Basset Park – 359 Klein Road, Williamsville, NY 14221.

HIGH SCHOOL WAIVERS: High School athletes who have a 48-hour conflict with their state high school championship, same day SAT/ACT conflict, an athlete who has death in the immediate family or medical emergency, may request to be waived directly to the Region II Championship. Athletes' (coaches or parents) must email their association youth chair and nadiatrackfam@gmail.com to request a waiver. **Deadline to request a waiver is November 6.**

ELIGIBILITY REQUIREMENTS:

- ***Individuals***: Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and must be submitted and approved prior to registration deadline and participation.
- ***Teams***: Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership at the first level of competition. To enter a team, a club must complete the team entry/declaration process during online registrations. Only athletes listed on the team declaration roster at the association championship will be eligible to represent the club at the Association, Regional or National championships.

YOUTH AGE DIVISIONS

Age Division	Distance	Check in	Girls Start	Check in	Boys Start
8 UNDER BORN 2018 & LATER	2KM (1.24 MILES)	9:40 AM	10:00 AM	9:40 AM	10:00 AM
9-10 BORN 2016-2017	3 KM (1.86 MILES)	10:20 AM	10:30 AM	10:20 AM	10:30 AM
11-12 BORN 2014-2013	3 KM (1.86 MILES)	10:50 AM	11:00 AM	10:50 AM	11:00 AM
13-14 BORN 2012-2011	4 KM (2.48 MILES)	11:15 AM	11:30 AM	11:15 PM	11:30 AM
15-18 BORN 2008-2009	5 KM (3.1 MILES)	11:45 AM	12:00 PM	11:45 AM	12:00 PM

PACKET PICK-UP TIMES/LOCATIONS

Saturday November 14 8:00 AM to 10:00 AM at Magnolia Pavillion Shelter

COURSE WALK: 9:00AM

THE COURSE WILL BE AVAILABLE ON SATURDAY

TEAM SCORING: 8 athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. Bib numbers will be distributed to athletes, coaches, and/or parents/guardians.

EVENT RESULTS: During the competition, event results will be posted electronically

AWARDS: UMedals will be awarded to the top fifteen (15) individuals in each age division. Top **30** individuals and top **5** teams in each age group advance from the USATF Region II Championships to the USATF Cross Country National Championships, held Saturday, December 12th Moncus Park, Lafayette, LA
https://www.usatf.org/events/2025/2025-usatf-national-junior-olympic-cross-country-c