



June 13, 2026

Mountain Top Invitational  
Central Cambria High School  
201 6<sup>th</sup> Street  
Cresson, PA 16630

Registration- \$12.00  
Deadline – Friday, June 12 12p.m.

Start time- 9:00 a.m.

<http://www.athletic.net> – June 13

All registration is on line.

**Events:** The following are the boys and girls' competitive age groups and events for this year USA Track & Field Junior Olympic Qualifiers

**8 and under:** 2018 & on (Limit 3 events)

100 m 200m 400m 800m 1500m Long Jump Shot put (2K), turbo javelin

**9 and 10:** 2016 & 2017 (Limit 3 events)

100m 200m 400m 800m 1500m Long jump High jump Shot put (6lb) Turbo javelin 4x100 relay 4x400 relay

**11 and 12:** 2014 & 2015 (Limit 3 events)

100m 200m 400m 800m 1500m 3000m 80m hurdles (30") Long jump High jump Shot put (6lb) Discus (1 kilo)  
4x100 relay 4x400 relay 4x800 relay area javelin

**13 and 14:** 2012 & 2013 (Limit 4 events)

100m 200m 400m 800m 1500m 3000m 100m Hurdles (B33" G30") 200m Hurdles (30") Long jump High jump  
Triple jump Shot put (B 4 kilo-G 6lb) Discus (1 kg) Javelin (600gr) 4x100 relay 4x400 relay 4x800 relay

**15 and 16:** 2010 & 2011 Limit 4 events)

100m 200m 400m 800m 1500m 3000m 100/110m Hurdles (B39" G33") 400m Hurdles (B36" G30") Long  
jump High jump Triple jump Shot put (B 12lb-G 4kg) Discus (B 1.6kg-G 1kg) Javelin (B 800gr-G 600gr)  
4x100 relay 4x400 relay 4x800 relay

**17 and 18:** 2008 & 2009 (limit 4 events)

100m 200m 400m 800m 1500m 3000m, 100/110 Hurdles (B39" G33") 400m Hurdles(B39" G30") Long jump  
High jump Triple jump Shot put (B 12lb-G 4kg) Discus (B 1.6kg G 1kg) Javelin (B 800gr, G 600gr)  
4x100 relay 4x400 relay 4x800 relay

**Open and Master Athletes are welcome to attend.**

**Pay on-line**

**Pole Vault will be contested this year.**

Any questions contact Lois Smith e-mail [willieg68@comcast.net](mailto:willieg68@comcast.net)

**Refreshment stand and T-shirts will be available at the meet  
A basket raffle is planned. Come Join the fun**