



**Run.....
Have Fun.....
Earn Points.....
Be Rewarded!**

**★ USA TRACK & FIELD ★
THREE RIVERS ASSOCIATION
YOUTH CROSS COUNTRY CHALLENGE**

USATF Three Rivers is set for another exciting cross country season and the 2016 Youth Cross Country Challenge (YXCC)! Started in 2015, the YXCC is a competition designed to increase interest in the sport and highlight the physical and competitive benefits of distance running. The series consists of several meets where athletes participate and earn points towards a final series score. Individuals and clubs will be rewarded at the end of the series winning several cool prizes and a chance to be named Youth Cross Country Challenge Champions!

Series Competition Dates



September 24th
October 2nd
October 8th
October 15th
October 22nd
October 29th

November 13 - TRA XC Championships

***Scoring is as easy as 1-2-3...
... just remember I.T.C!***

Individual Scoring
Team Scoring
Club Scoring



Prizes will be awarded to individual series winners in each age division for boys and girls and the top 3 clubs. Each series competition will also conduct a random drawing giving participants a chance to win USATF Merchandise!



For complete participation rules, scoring details, and prizes visit www.usatf-threerivers.org/yxcc