

SCHEDULE OF EVENTS

Day 1 - Thursday July 19

Heptathlon - 15-16 Girls & 17-18 Girls

First Call 9:15am; Event Start 10am

100M Hurdles, High Jump, Shot Put, 200M Dash

Pentathlon 13-14 Girls & Boys

First Call 9:30am; Event Start 10:15am

100M Hurdles; Shot Put; High Jump; Long Jump;
800M(g); 1500M(b)

Pentathlon 11-12 Girls & Boys

First Call 10:15am with events beginning at 11:30am

80M Hurdles, Shot Put, High Jump; Long Jump;
800M(g);1500M(b)

Decathlon -15-16 Boys & 17-18 Boys

First Call 10:45am; Event Start 11:00am

100M Dash; Long Jump, Shot Put,
High Jump; 400M Dash

Day 2 - Friday July 10

Decathlon -15-16 Boys & 17-18 Boys

First call at 8:15am with events beginning 9:00am

110 M Hurdles, Discus, Pole Vault, Javelin and 1500M

Heptathlon - 15-16 Girls & 17-18 Girls

First call at 9:00am with events beginning 9:45am

Long Jump, Javelin and 800M Run

Triathlon 9-10

Girls: First Call 8:15am with events beginning 9:00am

Boys: First Call 9:15 with events beginning at 10:00am

Shot Put; High Jump; 200M(g); 400M(b)

First Call for Track 2:15pm, events begin 3pm

2000M Steeplechase Final - 15-16G; 17-18G; 15-16B; 17-18B

3000M Race Walk Final - 13-14G/B; 15-16G/B; 17-18G/B

1500M Race Walk Final - 9-10G/B; 11-12G/B

Field Events

First Call Field events 8:15am, events begin 9am

Javelin - 15-16B; 17-18B; 15-16G; 17-18G

Hammer (after completion of Javelin)

15-16B; 17-18B; 15-16G; 17-18G

Long Jump - 8:00am Start -

8U-G/B;11-12G/B; 9-10G/B; 15-16 G/B

SCHEDULE OF EVENTS

Day 3 - Saturday July 11

First Call Track & Field 8:15am, events begin at 9am

Track events will run Girls followed by Boys unless otherwise noted

3000M Run Final - 11-12G/B; 13-14G/B; 15-16G/B; 17-18G/B

400M Hurdles Semi - 15-16B;17-18B;15-16G;17-18G

200M Hurdles Semi - 13-14G/B

200M Dash Semi - All Divisions

4x100M Relay Final - All Divisions

4x800M Relay Final - 11-12-G/B;13-14-G/B;15-16-G/B;17-18G/B

110M Hurdles Semi - 15-16B;17-18B

100M Hurdles Semi - 13-14G/B;15-16G;17-18G

80 M Hurdles Semi - 11-12G/B

100M Dash Semi - All Divisions

400M Dash Semi - All Divisions

Field Events First Call 7:15AM, 8:00AM Start

Long Jump - 17-18 G/B; 13-14 G/B

Triple Jump 15-16G/B (after completion of LJ)

Discus - 13-14G/B; 15-16G/B;17-18G/B

High Jump 11-12G/B; 17-18G/B; 13-14G/B

Field Events First Call 8:15AM, 9:00AM Start

Shot Put - 9:00am - 8UG/B; 9-10G/B; 11-12G/B

Pole Vault - 9:00am: 13-14G;15-16G;17-18G

Field Events First Call 9:15AM; 10:00AM Start

Mini Javelin - 11-12G/B;8UG/B;9-10G/B

Field Events First Call 11:45am; 12:30pm Start

Pole Vault 13-14B;15-16B;17-18B

Day 4 -Sunday July 12

Track Events - First Call 8:15AM, 9:00AM Start

400M Hurdles Final - 15-16B; 17-18B; 15-16G; 17-18G

200M Hurdles Final - 13-14G; 13-14B

1500M Run Final - All Divisions

400M Dash Final - All Divisions

110M Hurdles Final - 15-16B; 17-18B

100M Hurdles Final - 13-14G; 13-14B; 15-16G; 17-18G

80M Hurdles Final - 11-12G; 11-12B

100M Dash Final - All Divisions

800M Dash Final - All Divisions

200M Dash Final - All Divisions

4x400M Relay Final - All Divisions

Field Events - First Call 8:15am, 9:00AM Start

Triple Jump - 13-14G/B; 17-18G/B

High Jump - 9-10G/B; 15-16G/B

Shot Put - 15-16G;17-18G; 15-16B;17-18B;13-14G; 13-14B

Discus - 11-12G/B

Field Events (after completion of Discus)

Javelin -13-14 G/B

USATF Region 2 Junior Olympic



**Mid Atlantic
Niagara**

**New Jersey
Three Rivers**

**July 9 thru 12
Slippery Rock University
Slippery Rock, PA**

Meet Director

Oronde Sharif

senegal1@pitt.edu; 412-580-3315

Meet Coordinator

Chuck Davis

chuckdavis_4@yahoo.com

Online Registration Coordinator

Cindy Long - region2@regionrep.usatf.org

Officials Coordinator

Bruce Long

bdlong2@verizon.net; 724-255-5444

Volunteer Coordinator

Robert Williams

msslcc@aol.com

Event Website

www.usatf-threerivers.org

ENTRY INFORMATION

The TOP 6 athletes in each event/age group at their Association Championship qualify to advance to the Region 2 Championship. **Advancement Registration for the Region 2 Meet will be done ONLINE thru Coach O.**

Entry Deadlines:

On-Time Entry Deadline: July 1, 11:59pm

Late Entry Period: July 2 thru July 5, 11:59pm (late fees apply)

No entries will be accepted after the close of the late entry period.

On-Time Entry Fees June 20 thru July 1, 11:59pm	Late Entry Fees July 2 thru July 5, 11:59pm
\$7.00/individual Event	\$9.00 Individual Event
\$20.00 Heptathlon/Decathlon	\$22.00 Heptathlon/Decathlon
\$15.00 Triathlon/Pentathlon	\$17 Triathlon/Decathlon
\$28.00 Relay	\$36.00 Relay

ADMISSION

\$5.00/day or \$8.00/weekend pass

Athletes with competitor number & children under 12 free.

No charge for coaches with a valid 2015 USATF Membership and on USATF approved youth coach list.

PACKET PICK-UP

Day/Time	Track	Doubletree
July 8 Wednesday		7:00pm-9:00pm
July 9 Thursday	7:00am-11:00am	7:00pm-9:00pm
July 10 Friday	7:00am-4:00pm	6:00pm-8:00pm
July 11 Saturday	7:00am-3:00pm	
July 12 Sunday	8:00am-3:00pm	

COACHES MEETING

Friday July 11 6:00pm Doubletree

ATHLETE BIB NUMBERS

Athlete bib numbers must be worn on front unless otherwise instructed. The same number will be used for ALL days of the meet.

Replacement numbers - \$5.00

IMPLEMENTS

Meet Management will provide implements. Personal implements may be used but must be weighed prior to competition each day.

Time & place TBA, The "loss of identity rule" shall apply to all implements except the javelin. All competitors must use blocks and batons provided by meet management.

TRAINERS

Medical volunteers and/or Slippery Rock University trainers will be stationed at locations in the competition area.

PROTESTS

Protests must be filed within 30 minutes of posting of final results. There will be a \$50.00 cash fee required to file a protest. Protest must be in writing with specific rule in question stated. The fee will be refunded if protest is upheld.

AWARDS

Junior Olympic Medals for 1st thru 5th places.

EVENT CHECK-IN

Check-in will be 45 minutes prior to the event. All athletes must listen for the announcements. Calls will be as follows: 1st Call, 2nd Call, Final Call.

The event will be officially closed by the clerk of course no sooner than 5 minutes after the final call. If an athlete has not reported by this time he/she will be scratched.

No parents or coaches will be allowed in the clerking area. Upon closing of a preliminary round track event by the clerk of course, those preliminaries having eight (8) or fewer contestants will be passed on to finals. In such cases only athletes properly checked into the event by the clerk of course prior to closing the semi will be allowed to compete in the final. **In this instance, the final will be conducted at the scheduled time for the preliminary round.**

RELAYS

A minimum of 4 and a maximum of 6 athletes may be entered for the cost of the relay.

Relay teams must wear identical uniforms, top/bottom.

STARTING HEIGHTS - High Jump & Pole Vault

Age Div	HJ Girls	HJ Boys	PV Girls	PV Boys
9-10	0.90	0.85		
11-12	1.10	1.10		
13-14	1.20	1.35	1.60	2.05
15-16	1.30	1.50	1.85	2.95
17-18	1.35	1.60	2.35	3.50

ADVANCEMENT

Individual Advancement - Top 5 individuals in each event/division

Relay Teams - Top 5 teams in each division advance.

Combined Events - Top 2 advance on place;

3rd place must meet qualifying standard to advance

Sub-Bantams must be 7years old in 2015 to advance to the national meet. All advancement will be done online thru Coach O.

NATIONAL ENTRY FEES

\$8.00 Individual Event \$32.00 Relay

\$24.00 Heptathlon/Decathlon

\$20.00 Triathlon/Decathlon

FACILITY INFORMATION

Track: All Weather 8 lane

Field: Concrete Discus, Shot and Hammer circles

- Long Jump, Triple Jump, Pole Vault, High Jump: All Weather Surface
- Javelin: All Weather Surface; Grass Landing
- Spikes: 1/4" pyramid only
- Stadium Capacity: 10,000
- Timing: Lynx, provided by Traqua & Three Rivers
- **NO TENTS IN HOME BLEACHERS**
- No alcohol permitted in the stadium
- The stadium complex is a "SMOKE FREE ZONE"
- Coolers are permitted
- Please remove all garbage from your area before you leave.
- Trash bags available at the registration table.
- Concessions available on site.

Free Parking in the Lower Stadium Lots
Upper Lot reserved for Officials and Handicap

DIRECTIONS

Majority of Hotels are located along the US-19 corridor

NOTE: There is construction along the PA Turnpike

From Philadelphia & New Jersey Area:

To Cranberry: PA Turnpike to Exit28; Continue on US-19

To Butler: PA Turnpike to Exit 39; Merge onto PA 8 North

From New York:

To Cranberry: I90 West to I79 South; Exit 78-77 on I79 to PA229 West to US 19

To Butler: I90 West to I79 South; Exit 98 on I79 to PA 422 East/New Castle Road to PA8.

Directions from Cranberry to Slippery Rock

I79 North to Exit 105; Follow PA108 East to Slippery Rock; Turn Right onto Main Street; Turn Left onto Kiester Road

Directions from Butler to Slippery Rock

North on PA 8 toward Larchwood Drive; Continue to follow PA 8 North; Turn left onto PA173 North; Turn Right onto Harmony Road/T376; Turn Left onto Kiester Road

HOUSING INFORMATION

HOST HOTEL: Double Tree by Hilton Pittsburgh Cranberry
910 Sheraton Drive, Mars, PA 16046
724-776-6900

Run of House - \$95.00 plus tax

Block Code: USATF-TRA; *Rate expires: June 28, 2015*

Pittsburgh Marriott North - 724-772-3700

100 Cranberry Woods Drive, Cranberry Township, PA 16066
Kings w/sofa bed - \$129.95 plus tax

(includes breakfast for 4 guests in River City Grille)

Block Code: USATF-TRA; *Rate expires: June 29, 2015*

https://resweb.passkey.com/Resweb.do?mode=welcome_gi_new&groupId=50752356

Comfort Inn Cranberry Township - 724-772-2700

924 Sheraton Drive, Mars, PA 16046

Doubles - \$99.00 plus tax (includes breakfast)

Block Code: USATF-TRA; *Rate expires: June 23, 2015*

Candlewood Suites (Extended Stay) - 724-591-8666

Single & Doubles - \$109.00 plus tax (kitchens)

Block Code: USATF-TRA; *Rate expires: June 26, 2015*

Fairfield Inn Marriott – Pgh Cranberry Twp - 724-772-0600

30 Saint Francis Way, Cranberry Township, PA 16066

King suites w/sofa bed - \$119.00 plus tax

(includes continental breakfast)

Block Code: USATF-TRA; *Rate expires: June 23, 2015*

Hampton Inn Pittsburgh-Cranberry Township - 724-776-1000

210 Executive Drive, Cranberry Township, PA 16066

Run of House: Kings w/sofa & doubles - \$119.00 plus tax

(includes continental breakfast)

Block Code: TRA; *Rate expires: June 26, 2015 (11:59 pm)*

Days Inn – Butler - 724-287-6761

139 Pittsburgh Road, Butler, PA 16001

Doubles - \$84.00 plus tax (includes breakfast)

Block Code: USATF-TRA

Rate expires: June 25, 2015