

REGION 2 USATF JUNIOR OLYMPICS

Day 1, Friday, July 7, 2023

Combined Events & Early Running

815am 3000m & 2000 Steeplechase First Call
900am 3000m Run Final – 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B
Then...2000m Steeplechase Final to follow – 17-18G, 15-16G, 15-16B, 17-18B
915am Heptathlon First Call – 15-16G & 17-18G
100H, High Jump, Shot Put, 200m
930am Decathlon First Call – 15-16B & 17-18B
100m, Long Jump, Shot, High Jump, 400m
10:00am Heptathlon start
10:15 Decathlon start
Triathlon First Call – 9,10B & 9,10G
Shot, High Jump, 200m(G)/400m(B)
10:45am Triathlon start

Field Events

9:15am First call Field Events
10:00am Event starts
Javelin – 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B
Hammer – 15-16B, 17-18B, 15-16G, 17-18G
12:00pm – Long jump – all divisions, 2 pits
c. 2:00pm – High jump – All Girls – all divisions
Pole Vault - 13-14G, 15-16G, 17-18G

Track Events

1:15pm First call for Track Events
2:00pm Track Events begin – Rolling Schedule
3000m Race Walk – 13-14B, 13-14G, 15-16B, 15-16G, 17-18G, 17-18B
1500m Race Walk – 9-10B, 9-10G, 11-12B, 11-12G
4x100m Relay Final – all divisions
4x800m Relay Final – 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B
4x400 Relay Final – all divisions- 8U-18

Day 2, Saturday, July 8, 2023

Combined Events

8:15am Decathlon First Call
8:30am Pentathlon First Call 13-14B, 13-14G
8:45am Heptathlon First Call
9:00am Decathlon start
110H, Discus, Pole Vault, Javelin, 1500m
9:15am Pentathlon start – 13-14B, 13-14G
100H, Shot, High Jump, Long Jump, 800G/1500B
9:30am Heptathlon start
Long Jump, Javelin, 800m
9:45 Pentathlon First Call 11-12B, 11-12G
10:30am Pentathlon 11-12 B&G start
80H, Shot, High Jump, Long Jump, 800G/1500B

Track Events

12:15pm First Call – Rolling Schedule
1:00pm 400m Hurdles semi – 15-16B, 17-18B, 15-16G, 17-18G
200m Hurdles semi – 13-14B, 13-14G
200m semi – all divisions
100m semi – all divisions
400m semi – all divisions

Field Events

8:15am First Call – all events
9:00am Shot – 8UB, 8UG, 9-10B, 9-10G, 11-12B, 11-12G, 13-14B, 13-14G
Discus – 15-16B, 15-16G, 13-14B, 13-14G, 11-12B, 11-12G
9:15am Mini/Aero Javelin – 11-12B, 11-12G, 8UB, 8UG, 9-10B, 9-10G
Pole Vault – 13-14B, 15-16B, 17-18B...All to follow
Decathlon PV

Day 3, Sunday, July 9, 2023

Track Events

8:15am First Call Track Events
9:00am Track Events Begin
80m Hurdles semi – 11-12G, 11-12B
100m Hurdles semi – 13-14G, 13-14B, 15-16G, 17-18G
110m Hurdles semi – 15-16B, 17-18B
100m Final – all divisions
1500m Final – all divisions
400m Final – all divisions
400m Hurdles Final – 15-16B, 17-18B, 15-16G, 17-18G
200m Hurdles Final – 13-14G, 13-14B
800m Final – all divisions
200m Final – all divisions
80m Hurdles Final 11-12G, 11-12B
100m Hurdles Final – 13-14G, 13-14B, 15-16G, 17-18B
110m Hurdles Final – 15-16B, 17-18B

Field Events

8:15am First Call Field Events
9:00am Field Events Begin
Triple Jump - 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B
High Jump – All Boys – all divisions 9-18yo
Shot - 15-16B, 17-18B, 15-16G, 17-18G
Discus – 17-18B, 17-18G

All divisions = younger to older, girls then boys

