



Next Level Developmental Meet

Thomas Jefferson HS

June 10, 2023

ORDER OF EVENTS:

*3000m;, 80m-100m-110m Hurdle Finals; 100m Trials; 1500m; 100 finals; 400m;
Race Walk; 200-400m hurdles; 4x100 relay, 800m; 200m timed finals; 4x400m
relay*

FIELD EVENTS:

*Long Jump, High Jump, Triple Jump (youngest to oldest)
Shot Put, Discus, Javelin (oldest to youngest)*