

PACER TRACK CLUB 2022 CROSS-COUNTRY MEET #4

DATE: Saturday October 22th, 2022

LOCATION: Mingo Creek Park-Shelter #6

TIME: Registration: 8:00AM – 8:30 AM; Online Registration Preferred/same day accepted

Walk Course – 8:30; First Race – 9:15 AM (Starting with 8-under)

ENTRY FEE: \$10.00

SANCTION - Three Rivers Association, USATF

AWARDS: - Medals places-1 – 3; Ribbons, places 4 – 6

MEET DIRECTOR: Steve Meddings, 1506 Jenkins Drive, Upper St. Clair, PA 15241;

724-301-8101 Email: stevededdings@gmail.com

DIRECTIONS: From Pgh. – South on I-79, take exit 43, turn right onto Rt. 519 South toward Eighty-Four approx. 7 miles to Rt. 136, turn left (east) on 136 approx. 4 ¼ miles to Mingo Creek Park entrance on left and then follow posted signs to race area

From I-70 – Take the Eighty-Four exit; take Rt. 519 North to Rt. 136, turn right (east) on 136 approx. 4 ¼ miles to Park entrance and then follow posted signs.

Divisions: 8 & under (2K), 9-10 (3K), 11-12 (3K), 13-14 (4K), 15-16 (5K), 17-18 (5K)

RESTROOMS ON PREMISES

COME DRESSED TO RUN!