

USATF THREE RIVERS ASSOCIATION

ORDER OF EVENTS

3000

4 X 100 RELAY

80 / 100 / 110 HURDLES

STEEPLECHASE

100 TRIALS

1500

100 FINALS

400

1500/3000 RACE WALK

200/400 HURDLES

800

200 TIMED FINALS

4 X 400 RELAY

FIELD EVENTS AS CALLED (OLDEST TO YOUNGEST):

LONG JUMP, TRIPLE JUMP, SHOT PUT, DISCUS, JAVELIN