



**USATF Three Rivers Association
2020 Junior Olympic Cross Country Championship**

Date 11/14/2020

Location Mingo Creek Park
Shelter #6

Course Walk 9:00AM

First Race 10:00AM

Race Schedule: Races will be on a rolling schedule

Meet Staff will determine if races will be combined keeping athlete safety first

Host USATF Three Rivers

Director Steve Meddings

Email: stevemeddings@gmail.com

Phone : 724-301-8101

Website <http://www.usatf-threerivers.org>

ENTRY FEES: Individual Entry: \$10.00/athlete Team Entry: No Charge

ONLINE REGISTRATION ONLY: <https://www.athletic.net/CrossCountry/meet/185163/register>

• 2020 or 2021 Age Verified USATF Membership # required to access online registration. B/C must be uploaded into USATF Membership System on the athlete's profile.

TRA CHAMPIONSHIP ENTRY DEADLINE: Athlete Registration locked 11/12/2019 at 6:00 PM (local time)

• **Teams:** Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership. To enter a team, a club must complete the team entry/declaration process during online registrations. Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional or National championships.

HIGH SCHOOL WAIVERS: No HS waivers for 2020. National Championship will have open entry

AWARDS: All athletes that compete will receive an award.

YOUTH AGE DIVISIONS FOR INDIVIDUAL COMPETITION

Age Division Distance

8&Under (born 2012 & later)	2km (1.25miles)
9-10 (born 2010 – 2011)	3 km (1.86 miles)
11-12 (born 2008 – 2009)	3 km (1.86 miles)
13-14 (born 2006 – 2007)	4 km (2.48 miles)
15-16 (born 2004 –2005)	5 km (3.1 miles)
17-18 (born 2002 -2003)	5 km (3.1 miles)



NOTE: For purposes of team scoring, all divisions score separately up to the 13-14 age division. The remaining age groups will be a combined 15-18 division for purposes of team scoring only. Athletes in these age divisions will place individually in their own age group.

2020 USATF National Junior Olympic XC Meet

This meet is open entry for 2020 - USATF Age Verified Membership Required

Saturday December 12 & Sunday December 13

Bourbon County Park -Paris, KY

<https://www.usatf.org/events/2020/2020-usatf-national-junior-olympic-cross-country-c>

