

PACER TRACK CLUB 2020 CROSS-COUNTRY MEET #1

DATE: Saturday Oct. 24th, 2020

LOCATION: Mingo Creek Park-Shelter #6

TIME: Registration: 8:00AM – 8:30 AM; Online Registration Preferred/same day accepted

Walk Course – No Course Walk; First Race – 9:00 AM (Starting with 8-under)

ENTRY FEE: \$10.00

SANCTION - Three Rivers Association, USATF

AWARDS: - Medals places-1 – 3; Ribbons, places 4 – 6

**MEET DIRECTOR: Steve Meddings, 1506 Jenkins Drive, Upper St. Clair, PA 15241;
724-301-8101 Email: stevemeddings@gmail.com**

DIRECTIONS: From Pgh. – South on I-79, take exit 43, turn right onto Rt. 519 South toward Eighty-Four approx. 7 miles to Rt. 136, turn left (east) on 136 approx. 4 ¼ miles to Mingo Creek Park entrance on left and then follow posted signs to race area

From I-70 – Take the Eighty-Four exit; take Rt. 519 North to Rt. 136, turn right (east) on 136 approx. 4 ¼ miles to Park entrance and then follow posted signs.

Divisions: 8 & under (2K), 9-10 (3K), 11-12 (3K), 13-14 (4K), 15-16 (5K), 17-18 (5K)

**Please make sure to follow all CDC Covid guidelines regarding Masks
& Social Distancing**

RESTROOMS ON PREMISES

COME DRESSED TO RUN!

Detach and return – please print

Name _____ **DOB** _____

Gender (circle) Boy Girl

Address _____

City/State/Zip _____

Club _____ **Phone** _____

In consideration of this entry being accepted, I hereby for myself, my heirs, executors, administrators, waive and release any and all claims for damages I may have against the Bethel Park School District, Bethel Park Recreation Track Club, Pacer Track Club, Washington County Recreation, Three Rivers Association, USATF, its members, meet officials, meet committee and their agents, representatives, successors, and assigns for any and all injuries suffered by me or my child at this meet. I certify that myself or child is an amateur athlete. I further certify that my child or I have trained sufficiently to participate in this meet.

Signed _____

Signature Athlete Signature Parent/Guardian(required)

Date

Entry Fee Paid _____ **BIB #** _____