USATF Three Rivers Association
Penn Hills Eagles Track Club - Meet #3
Cross Country 2019

DATE Saturday, October 19, 2019 RAIN or SHINE

LOCATION Boyce Park (Tanglewood Grove)

REGISTRATION 8:30 AM - 9:00 AM

On-line registration preferred – www.athletic.net
day of meet registration will be accepted

TIME 9:00 AM - Walk Course
10:00 AM - First Race

ENTRY FEE $10.00 per athlete Make checks payable to: PHETC
Club check, cash or money order only. No personal checks

SANCTION Three Rivers Association, USATF

AWARDS Medals: places 1 - 3; Ribbons: places 4 – 6

MEET DIRECTOR Chuck Carter 412-430-0507 E-mail: pheaglestrack@aol.com
Website: www.pennhillseaglestrackclub.com

AGE GROUPS

8 & Under (2K), 9-10 (3K), 11-12 (3K), 13-14 (4K)
15-16 & 17-18 (5K)

Refreshments Available – Port-O-Johns on Premises

DIRECTIONS: From Pgh. – Take Parkway 376 East to Plum Exit – Boyce Park). Make loop (orange belt) and **follow through stop light. Pass #1 Cochran Pontiac Collision on right and Parkway Building on left. Go through 1st stop sign and follow down small hill. Bear to right before second stop sign. Follow road for about 1.7 miles to main entrance to Boyce Park on right. Make left and follow road to Tanglewood Grove. **From Turnpike** – take Monroeville Exit. Take Business 22 Monroeville. At major intersection make right at light. Follow directions from (**) asterisk above.
Return: At main entrance of park make a left. Follow orange belt to 48 South on left. Go through stop sign. Follow road through light and entrance to 376 West is on right..

Name_____ DOB_____ Gender_____

Address_____ City/State/Zip_____

Club_____ Phone_____

In consideration of this entry being accepted, I hereby for myself, my heirs, executors, administrators, waive and release any and all claims for damages I may have against the Penn Hills Eagles Track Club, Penn Hills School District, Penn Hills Township, County of Allegheny, Boyce Park, Three Rivers Athletics Congress Inc, USA Track and Field, its members, meet officials, meet committee and their agents, representatives, successors, and assigns for any and all injuries suffered by me or my child at this meet. I certify that myself or child is an amateur athlete. I further certify that I or my child have trained sufficiently to participate in this meet.

Signed (Athlete):_____ Signed (Parent):_____
Date Date