



## 2019 CROSS-COUNTRY MEET USATF Sanctioned Meet

DATE: Saturday, October 26, 2019

LOCATION: Greater Latrobe High School – 131 High School Road, Latrobe, Pa 15650

**RAIN OR SHINE** 

TIME: Registration: 8:00 AM – 8:30 AM

Walk Course 8:30 AM; First Race – 9:30 AM (Starting with 8-under)

ENTRY FEE: \$10.00 per runner

*Online Registration:* https://www.athletic.net/CrossCountry/meet/166544/register Entry fees will not be charged online. Payment will be collected at the meet.

Day of meet registration will be accepted but Liability Waiver must be electronically signed online

for all competing athletes.

The course is grass and small rolling hills.

SANCTION - Three Rivers Association, USATF
AWARDS: - Medals places-1 -3, Ribbon place 4-6
MEET DIRECTOR: Randy Bauer (724) 454-1080

8 and under Boys & Girls 2 Kilometers 1.2 Miles 9 to 10 Boys & Girls 3 Kilometers 1.86 Miles 11-12 Boys & Girls 3 Kilometers 1.86 Miles 13 to 14 Boys & Girls 4 Kilometers 2.4 Miles 15 and older Boys & Girls 5 Kilometers 3.1 Miles

## RESTROOMS ON PREMISES – CONCESSION AVAILABLE COME DRESSED TO RUN!

Name	DOB
Gender (circle) Boy Girl	
Address	
City/State/Zip	
Club	Phone
release any and all claims for dama Greater Latrobe High School agent or my child at this meet. I certify tha trained sufficiently to participate in t Signed	accepted, I hereby for myself, my heirs, executors, administrators, waive and iges I may have against the Inferno, Inferno Track Club, Inferno Cross Country, s, representatives, successors, and assigns for any and all injuries suffered by ment myself or child is an amateur athlete. I further certify that my child or I have this meet.
Signed	
Signature Athlete Signature Pare	nt/Guardian(required) Date
Entry Fee Paid	BIB#