



USATF Three Rivers Association
2019 Developmental Meet #1



Date: Sunday, May 5, 2019 (start time 9:00 am) Site: Hempfield Area High School
Greensburg, PA 15601

Packet pick-up: 8:00-8:30 AM First call: 8:30 AM

Sanction: Three Rivers Association and USA Track and Field - USATF MEMBERSHIP REQUIRED

Registration: **ALL ATHLETES MUST REGISTER ONLINE (payment at the meet as usual)**
Pre-registrations only: NO Day-of-Meet Registration; No mail or email entries permitted

Online Registration Deadline - Friday, May 3, 2019 12:00 PM
<https://www.athletic.net/TrackAndField/meet/373791/register>

Entry Fee: \$8.00 (Pre-registration) per athlete
Checks payable to: GREENSBURG Y SUMMER TRACK CLUB (No personal checks Club check, cash or money order only)

Divisions: Youth: 8 & under, 9-10, 11-12, 13-14, 15-16, 17-18

12 and under limit 3 events including relays; 13 and older limit including relays

Awards: Individual medals 1st thru 3rd place; ribbons 4th thru 6th place; relay ribbons 1st thru 3rd place

Order of Events: 1500M/3000M Racewalk, 3000M Run, 80-110M Hurdles, 100M Timed Finals,
50M Pee Wee Race, 4x100 Relay, 1500M, 400M, 800M, 200M

Field Events: Long Jump, High Jump, Triple Jump – all events run simultaneously (youngest to oldest)
Shot Put, Discus, Aero / Turbo Javelin, Javelin – all events run simultaneously (oldest to youngest)

Meet Director: Joyce Norris (724) 850-8890 Email: norrisfamily5@yahoo.com

FOR ADMINISTRATIVE CLUB USE ONLY

Name _____ Age Div _____

Event 1 _____ Event 2 _____ Event 3 _____ Event 4 _____
13/14 and older

Mark 1 _____ Mark 2 _____ Mark 3 _____ Mark 4 _____

Athletic.net is a resource for Track & Field and Cross Country coaches, offering free **statistic tracking**, easy **meet registrations**, free **meet managers**, and free tools to simplify common coaching tasks.

Follow the 4 steps below to get started:

1. Sign up for a free coach account (if you do not have one)

- Go to: www.athletic.net
- Click on '**Log In**' in the upper right-hand corner, and then click '**Sign Up**' on the bottom of that screen.
- Complete the signup wizard
- After receiving the confirmation email, go on to #2

2. Add meets to your season calendar

- **Log In** to Athletic.net
- Navigate to your team home by clicking your name in the upper right hand corner to open the side menu, and then the home icon next to the appropriate team.
- Click "**Add a Meet**" in your calendar box to navigate to the [Events page](#)
- In the search bar, enter **USATF Three Rivers Developmental Meet #1**
- Click on the meet to expand it, and locate the button to add it to your teams calendar
- Repeat this process for the rest of your season calendar.
- *If a meet is currently not listed, click Create New Event, and add the meet.*
- Verify that your calendar is correct. Click on a Meet, then the pencil icon to make corrections to a meet, or use the trash can icon to delete a meet.

3. Enter team roster

- Navigate to your team page by opening the side menu, then click on your team.
- Click on Manage Team
- Click on Edit Roster under Athletes
- Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option.

4. Register athletes for the USATF Three Rivers Developmental Meet #1

- Locate **USATF Three Rivers Developmental Meet #1** on your team's main Track & Field page and click on the meet name.
- Click "**Register Athletes**"
- Click on an event name, or athlete name to begin registering
- Choose the correct division to enter athlete in
- Entries will be saved automatically. *For meets that collect entry fees online, be sure to enter payment information if you want your entries to be accepted.*
- Use the "**Add an Athlete**" buttons to add athletes to your roster if needed.