

USATF Three Rivers Association Junior Olympic Championships

Slippery Rock University

June 23 & June 24, 2018



Meet Director: Charles Davis Email: chuckdavis_4@yahoo.com Website: www.usatf-threerivers.org

COACHES MEETING: 8:00AM @ clerking tent

ONLINE ENTRY PROCESS –REGISTRATION MUST BE COMPLETED ONLINE BY THE LISTED DEADLINES

On Time Registration Deadline: 9:00 PM Monday June 18 - *Note: Late fees are applied to entries paid after 9:00pm Monday June 18.*

ON TIME ENTRY FEES: Individual Entries: \$8.00/event; Relay Entries: \$32.00/relay.

Late Entry Period: 9:01 PM Monday June 18 thru 9:00PM Wednesday June 20

LATE ENTRY FEES: Individual Entries: \$10.00 per event; Relay Entries: \$40.00

Club Administrators and Unattached Athletes should register online at www.athletic.net by the above listed deadlines. No entries will be accepted past the above deadlines. Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within www.athletic.net for accuracy prior to submitting entry.

NO CHANGES OR ADDITIONS TO ENTRIES OR EVENTS WILL BE ALLOWED ON MEET DAY

AGE DIVISION	MAXIMUM EVENTS (includes relay)
8 & under (born 2010 +)	3 events
9 - 10 (born 2008-2009)	3 events
11 - 12 (born 2006-2007)	3 events
13 - 14 (born 2004-2005)	4 events
15 - 16 (born 2002-2003)	4 events
17 - 18 (born 2000-2001)	4 events
* Athletes born in 1999 are also eligible if they do not turn 19 on or before 7/29/2018	

Valid 2018 USATF Membership and Proof of Birth is required for participation. Before registration, please ensure that the membership chair has received a copy of the athlete's Proof of Birth. Email a scanned copy or a cell pic to threeriversusatf@gmail.com by 5:00PM Monday June 18.

Individuals: Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. All athletes must be 2018 members of USATF in good standing.

Relay Teams: Only registered 2018 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with that club as part of their USATF membership. Visit www.usatf.org/membership. Relay team members must wear a shirt of the same color and shorts of the same color.

WAIVER: All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically. All forms must be submitted at the first round of the Junior Olympic series.

GATE ADMISSION FEES: \$4.00/day; \$6.00/2 days.

Athletes with bib # and Children 5 and under admitted free. Coaches listed on the USATF Coaches Registry admitted free.

All competition areas are subject to admission fees - *Includes field event areas outside of the gated stadium.* Spectators for the throwing events must enter the area thru the throws gate entry. All spectators must have a wristband

COMPETITION BIB NUMBERS: Packet Pick-up opens 7:00AM both days

All competitors must wear their officially assigned Junior Olympic bib numbers during both days of competition and on the front on their jerseys only. If an athlete loses the bib number, a replacement can be purchased for **\$10.00 CASH**. Self-made replacement bibs are not permitted.

EVENT CHECK-IN: Athletes, Coaches, Parents and Athletes must listen for event calls. The "Not Before" time on the schedule only insures that event will not be called before that time. Field event athletes will check-in at the event. All athletes will be required to remain in the designated warm-up areas after checking in.

NOTE: Athletes with conflicting events being competed at the same time need to be checked into both events. Athletes must notify the official of each event. The officials and meet management will make every effort to manage the conflict so the athlete is able to compete in both events.

EVENT RESULTS: During competition, event results will be posted online at www.usatf-threerivers.org/liveresults.

PROTESTS: There will be a **\$50.00 CASH** fee for all protests. Protests must be submitted in writing and citing the appropriate rule to the Protest Referee at once and not later than 30 minutes after a result has been posted and/or announced. The protest fee will be refunded if the protest is upheld. Protest will be available at the admission table.



AWARDS: USATF Junior Olympic medals will be awarded to the top three (3) individuals and the top three (3) relay teams in each event of each age division.

ADVANCEMENTS: The top 6 individuals and relay teams in each event of each age division will advance to the USATF Region 2 Championships to be held on July 12 thru 15 at The College of New Jersey, Trenton, NJ. Advancements must be completed by declaring at www.athletic.net by 9:00 PM Saturday July 1. Late Entry Period July 2 thru July 3 10:00pm. There will be a separate Meet set-up on athletic.net for combined event registration.

NATIONAL JUNIOR OLYMPICS will be held from Monday, July 23rd to Sunday, July 29th, in Greensboro, NC. The top 5 athletes at the Region 2 Championships will qualify for the National Championships, in combined events the top 2 athletes will qualify. For combined events, 3rd place must meet the qualifying standard in order to advance. Information is available at: <http://www.usatf.org/Events---Calendar/2018/USATF-Hershey-National-Junior-Olympic-Track---Fiel.aspx>

DIRECTIONS:

From I-79, take Exit 105 (Slippery Rock). Turn left at the stop sign at the end of the exit ramp and follow State Route 108 north into Slippery Rock. At the traffic light, turn right onto Main Street. Follow Main Street to the second traffic light (Keister Road). Turn left onto Keister Road and proceed to the flashing light, where you will see a main entrance to campus.

Turn left at the flashing light and go onto the SRU campus. At the dead end, turn right. Proceed past the East Lake Parking Lot to Stadium Drive. Turn right onto Stadium Drive. Follow stadium drive by Jack Critchfield Park to the stop sign and make a left turn. The William Lennox Track will be to your right at the top of the hill (inside Mihalik-Thompson Stadium). Parking is available in the lots on your right.

NOTE: All spectators must park in the bottom lots. Parking on top of the hill is reserved for Handicap and Meet Staff.

Instructions to get started on athletic.net

Athletic.net is a resource for Track & Field and Cross Country coaches, offering free statistic tracking, easy meet registrations, free meet managers, and free tools to simplify common coaching tasks.

1. Sign up for a free coach account (if you do not have one)

- Go to: www.athletic.net
- Click on 'Log In' in the upper right-hand corner, and then click 'Sign Up' on the bottom of that screen.
- Complete the signup wizard
- After receiving the confirmation email, go on to #2

2. Add meets to your season calendar

- [Log In](#) to Athletic.net
- Navigate to your team home by clicking your name in the upper right hand corner to open the side menu, and then the home icon next to the appropriate team.
- Click "Add a Meet" in your calendar box
- In the search bar, enter USATF Three Rivers Association Junior Olympic Track & Field Championship
- Click on the meet to expand it, and click the button to add it to your calendar
- Repeat this process for the rest of your season calendar.
- Verify that your calendar is correct. Click on a Meet, then the pencil icon to make corrections to a meet, or use the trash can icon to delete a meet.

3. Enter team roster

- Open the side menu by clicking on your name.
- Click on your team and then click "Edit Athletes" from the list of links for your team.
- Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option

4. Register athletes for the USATF Three Rivers Association Junior Olympic Track & Field Championship

- Locate USATF Three Rivers Association Junior Olympic Track & Field Championship on your team's main Track & Field page and click on the meet name.
- Click "Register Athletes"
- Click on an event name, or athlete name to begin registering
- Choose the correct division to enter athlete in
- Entries will be saved automatically. *For meets that collect entry fees online, be sure to enter payment information if you want your entries to be accepted.*
- Use the "Add an Athlete" buttons to add athletes to your roster if needed.

You can freely use this meet registration feature of Athletic.net for all your meets. The host team can download them from the website for free.

Tips

- Large teams often have each of their coaches sign in to register the athletes they are responsible for.

Updated: Tuesday, June 12, 2018

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SUNDAY JUNE 24										
TRACK EVENTS				FIELD EVENTS						
"NOT BEFORE" FIRST CALL	EVENT	ROUND	DIVISION	"NOT BEFORE"	SHOT	DISCUS	JAVELIN	HIGH JUMP	GIRLS LONG JUMP	BOYS LONG JUMP
8:00am	4x800M Relay	Final	11-12;13-14;	8:00am	OM Hammer			OM HJ		
8:00am	4x800M Relay		15-16;17-18	8:00am						
8:30am	3000M/5000M RW	Final	Open & Masters ONLY	8:30am	9-10G	11-12B			OM LJ	OM TJ
8:30am	3000M/5000M Run	Final	Open & Masters ONLY	8:30am						
8:30am	4x100M Relay	Final	All-OM	8:30am			OM Javelin			
9:00am	110M Hurdles	Final	15-16B;17-18B;OM	9:00am	9-10B	OM PV	8UB	13-14G	17-18G	11-12B
9:00am	100M Hurdles	Final	13-14G/B	9:00am						
9:00am	100M Hurdles	Final	15-16G 17-18G OM	9:00am						
9:00am	80M Hurdles	Final	11-12-OM	9:00am						
9:30am	100M Dash	Final	All-OM	9:30am	11-12B	11-12G				
9:45am				9:45am			8UG			
10:00am	1500M Run	Final	All-OM	10:00am				15-16B 17-18B	11-12G	13-14B
10:30am				10:30am	11-12G	13-14G	9-10G			
10:45am	400M Dash	Final	All-OM	10:45am						
11:00am				11:00am					13-14G	15-16B
11:15am				11:15am			9-10B	15-16G 17-18G		
11:30am				11:30am	8UG	13-14B				
12:00 Noon	200M Hurdles	Final	All	12:00 Noon						
12:00 Noon	400M Hurdles	Final	All	12:00 Noon	8UB			13-14B	15-16G	17-18B
12:00 Noon				12:00 Noon						
12:00 Noon	300M Hurdles	Final	OM	12:00 Noon			11-12B			
12:30pm	Steeplechase	Final	15-16 G/B;	12:30pm		OM Discus				
12:30pm	Steeplechase	Final	17-18 G/B	12:30pm						
1:00pm	800M	Final	Open & Masters Only	1:00pm			11-12G			
1:30pm				1:30pm	OM Shot					
1:45pm	200M Dash	Final	All-OM	1:45pm						
IMPLEMENT WEIGH-IN: Implements must be weighed in prior to competition.										
Weights & Measures will be located to the right of the concession stand										
MASTERS & OPEN EVENTS: Masters & Open events will be run in conjunction with the JO events.										