

USATF Three Rivers Association Junior Olympic Championships (#314441)
California University PA Adamson Stadium
June 24 & June 25, 2017



Meet Director: Charles Davis Email: chuckdavis_4@yahoo.com

Coaches Meeting: 8:00AM @ clerking tent

Host: USATF Three Rivers Website: www.usatf-threerivers.org

Online Entry Only on Athletic.net

ONLINE ENTRY PROCESS

On Time Registration Deadline: 9:00 PM Monday June 19

ON TIME ENTRY FEES: Individual Entries: \$6.00 per event; Relay Entries: \$24.00 per relay team

Late Entry Period: 9:01 PM Monday June 19 thru 9:00PM Wednesday June 21

LATE ENTRY FEES: Individual Entries: \$8.00 per event; Relay Entries: \$32.00

All proof of age must be received by 5:00PM Monday June 19.

Club Administrators and Unattached Athletes should register online at www.athletic.net by the above listed deadlines. No entries will be accepted past the above deadlines. Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within www.athletic.net for accuracy prior to submitting entry.

NO CHANGES OR ADDITIONS TO ENTRIES OR EVENTS WILL BE ALLOWED ON MEET DAY

Valid 2017 USATF Membership and Proof of Birth is required for participation. Before registration, please ensure that the membership chair has received a copy of the athlete's Proof of Birth.

Email a scanned copy or a cell pic to threeriversusatf@gmail.com.

Individuals: Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 8 & under, 9 - 10 and 11 - 12 age divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13 - 14, 15 - 16 and 17 - 18 age divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2017 members of USATF in good standing.

Relay Teams: Only registered 2017 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with that club as part of their USATF membership. Visit www.usatf.org/membership.

WAIVER: All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically. All forms must be submitted at the first round of the Junior Olympic series.

Age Divisions

8 & under (born 2009 +)
9 - 10 (born 2007-2008)
11 - 12 (born 2005-2006)
13 - 14 (born 2003-2004)
15 - 16 (born 2001-2002)
17 - 18 (born 1999-2000) * athletes born in 1998 are also eligible if they do not turn 19 on or before 7/30/2017



EVENT CHECK-IN: Athletes, Coaches, Parents and Athletes must listen for event calls. The "Not Before" time on the schedule only insures that event will not be called before that time. Field event athletes will check-in at the event. All athletes will be required to remain in the designated warm-up areas after checking in.

COMPETITION BIB NUMBERS: Packet Pick-up opens 7:00AM both days

All competitors must wear their officially assigned Junior Olympic bib numbers during both days of competition and on the front on their jerseys only. If an athlete loses the bib number, a replacement can be purchased for \$5.00 CASH. Self-made replacement bibs are not permitted.

EVENT RESULTS: During competition, event results will be posted throughout the meet

GATE ADMISSION FEES: \$4.00/day; \$6.00/2 days. Athletes with bib # and Children 5 and under admitted free.

All spectators must have a wristband

All competition areas are subject to admission fees - Includes field event areas outside of the gated stadium.

Spectators for the throwing events must enter the area thru the throws gate entry.

Coaches listed on the USATF Coaches Registry admitted free.

Directions to California University's Adamson Stadium:

From Interstate 70 East or West - Exit 37A to Toll Road 43. Take Toll 43 to Exit 32; Turn R15-16right on Malden, go .7mi; Turn right onto PA-88, go .8 mi; stadium is on right.. Toll = \$1.40

PROTESTS: There will be a **\$50.00 CASH** fee for all protests. Protests must be submitted in writing and citing the appropriate rule to the Protest Referee at once and not later than 30 minutes after a result has been posted and/or announced. The protest fee will be refunded if the protest is upheld. Protest will be available at the admission table.

AWARDS: USATF Junior Olympic medals will be awarded to the top three (3) individuals and the top three (3) relay teams in each event of each age division.

ADVANCEMENTS: The top 6 individuals and relay teams in each event of each age division will advance to the USATF Region 2 Championships to be held on July 6 thru 9 at College of Brockport SUNY, Brockport, NY. Advancements must be completed by declaring at www.athletic.net by 9:00 PM Saturday July 1. Late Entry Period July 2 thru July 3 10:00pm. There will be a separate Meet set-up on [athletic.net](http://www.athletic.net) for combined event registration.

NATIONAL JUNIOR OLYMPICS will be held from Monday, July 24th to Sunday, July 30th, in Lawrence, KS. The top 5 athletes at the Region 2 Championships will qualify for the National Championships, in combined events the top 2 athletes will qualify. For combined events, 3rd place must meet the qualifying standard in order to advance. Information is available at: <http://www.usatf.org/Events---Calendar/2017/USATF-National-Junior-Olympic-Track---Field-C.aspx>

Instructions to get started on athletic.net

1. Sign up for a free coach account *(if you do not have one)*

- Go to: www.athletic.net
- Click on '**Sign up**' in the upper right-hand corner
- Complete the signup wizard
- After receiving the confirmation email, go on to #2

2. Add meets to your season calendar

- Login to Athletic.net using your email address and password
- Click "**Coach Tools**" under the main navigation bar
- Click "**Team Home**"
- Click "**Add Meet**" above your calendar box
- Where it says "Meet ID:" enter **#314441** and click **Add**
- Review the information and click **Save and Continue >**
- You may need to click **Save and Continue >** again
- Repeat this process for the rest of your season calendar
*(You can also add other meets, even if you don't know the Meet ID. Just select your state and click "**Next >**" instead of entering your meet ID.)*
- Verify that your calendar is correct. Use the Edit button next to meets to make corrections

3. Enter team roster

- Click "**Coach Tools**"
- Click "**Edit Athletes**"
- Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option

4. Register athletes for the USATF Three Rivers Association Junior Olympic Championship

- Locate **USATF Three Rivers Association Junior Olympic Championship** on your team's main track and field page and click on the meet name
- In the blue dropdown, click "**Register Athletes**"
- Click on an event name, or athlete name to begin registering
- Choose the correct division to enter athlete in
- Click "**Save Changes**"
- Use the boxes on the bottom of the page to add additional athletes to your roster

Tips

- Large teams often have each of their coaches sign in to register the athletes they are responsible for.

Updated: Wednesday, May 31, 2017

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Saturday June 24												
TRACK EVENTS				FIELD EVENTS								
FIRST CALL "NOT BEFORE"	EVENT	ROUND	DIVISION	FIRST CALL "NOT BEFORE"	Shot Put	Discus	Javelin	Hammer	Pole Vault	High Jump	Triple Jump	Long Jump
8:30am	3000M Run	Final	All	8:30am	15-16G 17-18G		13-14B			9-10B	13-14G 13-14B	
9:00am	100M Dash	Trials	All Divisions	9:00am					All Girls	9-10G		
9:30am				9:30am	15-16B 17-18B	15-16G						
10:00am	80M Hurdles	Trials	11-12 G/B	10:00am			13-14G				15-16G 15-16B	
10:00am	100M Hurdles	Trials	13-14G/B 15-16G 17-18G	10:00am						11-12B		
				10:00am			15-16B					
10:00am	110M Hurdles	Trials	15-16B-17-18B	10:00am								
10:30am				10:30am		17-18G			All Boys		17-18G 17-18B	
11:00am	800M Run	Final	All Divisions	11:00am	13-14G		15-16G			11-12G		
11:30am	200M Dash	Trials	All	11:30am		17-18B						
12:00 Noon	1500M RW	Final	8U thru 11-12	12:00Noon			17-18G					8UG 8UB
12:00 Noon	3000M RW	Final	13-14 thru 17-18	12:00 Noon								
12:30pm				12:30pm	13-14B	15-16B	17-18B					
1:00pm	4x400M Relay	Final	All	1:00pm				ALL				9-10G 9-10B

EVENT CHECK-IN: Athletes, Coaches, Parents and Athletes must listen for event calls. The "Not Before" time on the schedule only insures that event will not be called before that time. Field event athletes will check-in at the event. All athletes will be required to remain in the designated warm-up areas after checking in.

IMPLEMENT WEIGH-IN: Implements must be weighed in prior to competition. Weights & Measures will be located in the pavillion area outside of the stadium

FORMING HEATS & ADVANCEMENT TO FINALS

The forming of heats and advancement from trials to finals will be done in accordance with USATF Youth Athletic Rule 303.

The 100 Meter and 200 Meter events will be run with trials and finals when more than 8 athletes are competing in a given division.

Trial Heats	Advancement Formula
1	Run as Timed Final* <i>*If 8 or fewer athletes report, finals will be run at the scheduled Trials Time</i>
2	First 3 Finishers each heat + next 2 best times
3	First 2 Finishers/heat+ next 2 best times
4	First Finisher each heat + next 4 best times

SUNDAY JUNE 25

TRACK EVENTS				FIELD EVENTS						
"NOT BEFORE" FIRST CALL	EVENT	ROUND	DIVISION	"NOT BEFORE"	SHOT	DISCUS	JAVELIN	HIGH JUMP	GIRLS LONG JUMP	BOYS LONG JUMP
8:00am	4x800M Relay	Final	11-12;13-14;	8:00am	OM Hammer					
8:00am	4x800M Relay		15-16;17-18	8:00am						
8:30am	3000M/5000M RW	Final	Open & Masters ONLY	8:30am	8UG	11-12B		13-14G	17-18G	11-12B
8:30am	3000M/5000M Run	Final	Open & Masters ONLY	8:30am						
8:30am	4x100M Relay	Final	All-OM	8:30am						
9:00am	110M Hurdles	Final	15-16B;17-18B;OM	9:00am			OM Javelin	15-16B 17-18B		
9:00am	100M Hurdles	Final	13-14G/B	9:00am	9-10G		8UB			
9:00am	100M Hurdles	Final	15-16G 17-18G OM	9:00am						
9:00am	80M Hurdles	Final	11-12-OM	9:00am					OM LJ	OM TJ
9:30am	100M Dash	Final	All-OM	9:30am	8UB	11-12G	8UG	15-16G 17-18G	11-12G	13-14B
10:00am	1500M Run	Final	All-OM	10:00am	9-10B		9-10G			
10:30am				10:30am	11-12G	13-14G	9-10B			
10:45am	400M Dash	Final	All-OM	10:45am					13-14G	15-16B
11:00am				11:00am	11-12B					
11:30am				11:30am	OM Shot	13-14B	11-12G	13-14B		
12:00 Noon	200M Hurdles	Final	All	12:00 Noon						
12:00 Noon	400M Hurdles	Final	All	12:00 Noon		OM Discus	OM PV	OM HJ	15-16G	17-18B
12:00 Noon				12:00 Noon						
12:00Noon	300M Hurdles	Final	OM	12:00 Noon						
12:30pm	Steeplechase	Final	15-16 G/B;	12:30pm			11-12B Jav			
12:30pm	Steeplechase	Final	17-18 G/B	12:30pm						
1:00pm	800M	Final	Open & Masters Only	1:00pm						
1:45pm	200M Dash	Final	All-OM	1:45pm						

IMPLEMENT WEIGH-IN: Implements must be weighed in prior to competition. Weights & Measures will be located in the pavillion area outside the track

MASTERS & OPEN EVENTS: Masters & Open events will be run in conjunction with the JO events.